

## ABSTRACT

A communication method that can be implemented in a communication system that includes a base station (2) and a plurality of terminals (including a single terminal)

5. located in a service area covered by the base station (2), in which a terminal (1) autonomously transmits retransmission data without sending a transmission request when an NAK signal indicating reception failure is returned from the base station (2) and when a transmission permitted  
10 time assigned to the terminal (1) to which the NAK signal is returned is over.